Missouri State University-West Plains

AA in Health Professions

Missouri State University W·E·S·T P·L·A·I·N·S

Pre-Chiropractor

Program Description: The Associate of Arts in Health Professions is a transfer degree and contains the Missouri Higher Education Core Transfer Curriculum (Core 42), including specific general education and elective courses needed to facilitate transfer. This academic guide is based on the 2025-2026 Missouri State University-West Plains Catalog. The time to complete the degree will vary, depending on remediation, summer enrollment, number of classes taken per semester, etc.

Degree Requirements

Written Communications	Credit Hours
ENG 110 Writing I	3
ENG 221 Writing II: Writing for the Professions	3

Oral Communications	Credit Hours
COM 115 Fundamentals of Public Speaking	3

Mathematical Sciences	Credit Hours
MTH 130 Contemporary Mathematics **or**	3
MTH 136 Pre-Calculus I: Algebra *(recommended)*	3

Natural Sciences	Credit Hours
BIO 121 General Biology I (Fall) *(recommended)* **or** BMS 110 Human Biology	4
CHM 116/117 Fundamentals of Chemistry with Lab **or** CHM 160/161 General Chemistry I with Lab *(recommended)*	5

Social and Behavioral Science	Credit Hours
PSY 121 Introduction to Psycology	3

Civics: Select three (3) credit hours

	Credit Hours
PLS 101 American Democracy and Citizenship **or** HST 121 Survey of US History to 1877 **or** HST 122 Survey of US History Since 1877	3

Humanities and Fine Arts	Credit Hours
PHI 115 Introduction to Ethics	3
SPN 101 Elementay Spanish	3
Additional Core 42 Humanities and Fine Arts	3

Additional Core 42 Requirements	Credit Hours
SOC 150 Introduction to Sociology *(recommended)*	3
Core 42 Elective	3

Institutional Requirements	Credit Hours
IDS 110 Student Success	1 - 3
IDS 115 Career Exploration	1

AAHP Program Requirements	Credit Hours
BMS 267 Human Anatomy	4
BMS 268 Human Physiology	4

Pathway Electives	**7**
Total Hours Required	**60**

Recommended Pathways Electives:

*ALH 116 Medical Terminology**	*3*
Statistics: MTH 240, QBA 237, PSY 200	*3*
BMS 231 Human Genetics w Lab	*4*
BIO 122 General Biology II w Lab	*4*
CHM 170 General Chemistry II	*3*
CHM 171 General Chemistry II Lab	*1*

Approved Science Electives:

ALH 116 Medical Terminology*	3
BMS 231 Human Genetics w/Laboratory (Spring)	4
BIO 122 General Biology II (Spring)	4
BIO 197 Selected Topics in Biology (Instructor permission)	1-4
BIO 210 Elements of Microbiology w/ Laboratory	3
BIO 235 Genetics (Spring)	4
CHM 170 General Chemistry II (Spring)	4
CHM 171 General Chemistry II Laboratory (Spring)	1
CHM 200 Essentials of Organic Chemistry (Demand)	5
CIS 101 Computers for Learning	3
IDS 297 International Culture and Study Abroad (Instructor permission)	3
KIN 210 Healthy Lifestyles: Preventative Approaches	3
MTH 137 Pre-Calculus 2: Trigonometry	3
MTH 261 Analytic Geometry and Calculus I	5
MTH 280 Analytic Geometry and Calculus II (Fall)	5
MTH 240 Statistical Methods (Spring)	3
PSY 200 Psychological Statistical Methods (Spring)	3
PSY 274 Abnormal Psychology (Demand)	3
QBA 237 Basic Business Statistics	3
PHY 100 Survey of Physics with Laboratory	4
PHY 102 Survey of Physics (Demand)	3
PHY 123 Introduction to Physics I (Demand)	4

Recommended Two-Year Plan

Term 1 (Fall)

Course #	Credit Hours
IDS 110	1 - 3
IDS 115	1
ENG 110	3
BMS 110 or BIO 121	4
PSY 121	3
Civics	**3**
	15 - 17

Milestone: ENG 110 and Natural Sciences

Term 2 (Spring)

Course #	Credit Hours
CHM 160 or CHM 116	4
CHM 161 or CHM 117	1
Pathway Elective	**4-5**
MTH 136	3
BMS 267	4
	16-17

Milestone: CHM w Lab

Term 3 (Fall)

Course #	Credit Hours
COM 115	3
ENG 221	3
BMS 268	4
Humanities and Fine Arts	**3**
Core 42 Elective	**3**
	16

Term 4 (Spring)

Course #	Credit Hours
Core 42 Elective	**3**
Pathway Elective	**3-5**
Humanities and Fine Arts	**3**
Humanities and Fine Arts	**3**
	12-14

*Notes: It is recommended to enroll ALH 116 with BMS 110 or before.

Milestones: pre-requisites for advanced courses

For More Information, Contact
Ana Estrella, Assistant Professor, Natural Sciences
Chair, Department of Math, Natural, and Applied Sciences
Telephone: 417-255-7710
Email: AnaEstrellaRiollano@MissouriState.edu

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